

A lid is not a label.

Eight cut-out labels. Write the date. Spare yourself the guessing.

Print on plain paper at 100% / actual size, cut out and attach securely to the outside of a container. Not sized for pre-cut adhesive label stock.

SAVOR

LEFTOVERS / KEEP CHILLED

Food: _____

Cooked/opened date & time: _____

Use or freeze by date & time: _____

Frozen date / notes: _____

SAVOR

LEFTOVERS / KEEP CHILLED

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LEFTOVERS / KEEP CHILLED

Food: _____

Cooked/opened date & time: _____

Use or freeze by date & time: _____

Frozen date / notes: _____

Choose the date from the food’s own guidance. General cooked leftovers: 48 hours. Cooked rice: 24 hours. Homemade garlic-in-oil: no more than four days at 4°C or below. These limits assume proper preparation, prompt cooling and safe storage; they do not extend a product use-by date.